

Pathway Home serves adults in NYC with serious mental illness, chronic health conditions and/or substance use disorders transitioning from inpatient stays to their community home. Pathway Home offers an easy single point of access for referrals as well as on-call access to a multi-disciplinary care team for individuals and their support network to address urgent needs. Same day responses to referrals and screening within two business days.

other needed services.

For more information, contact PathwayHomeInfo@cbcare.org



## PATHWAY HOME™

A PROGRAM OF COORDINATED BEHAVIORAL CARE

FACILITATING A SEAMLESS
TRANSITION FROM HOSPITAL TO
HOME

For help accessing community-based health and support services after an inpatient hospitalization:

Contact Pathway Home at 646-930-8841 or visit us at cbcare.org



CBC PATHWAY HOME collaborates with hospitals and community providers to facilitate timely & safe transitions to the community.

# **JOIN US**

ON YOUR PATHWAY HOME.

A TEAM DESIGNED TO ASSIST YOU IN A SUCCESSFUL RETURN HOME FROM HOSPITAL AND TO A MEANINGFUL HEALTHY LIFE.

### **ENGAGE**

With support from the community.

### **PROMOTE**

Recovery through learning and improving on existing skills.

### **UNDERSTAND**

Health care needs and aftercare plan.

### **OVERCOME**

Obstacles to achieve life goals.

Pathway Home is a team of Mental Health Clinicians, Case Managers, Nurses and Peers who:

- Support you before and after discharge until you are comfortable and engaged with community supports.
- Help you prepare for supportive housing and moving into an apartment.
- Provide you with health education, coaching, and connection to primary care and other needed healthcare services.
- Connect you to peer services delivered by individuals with lived experience.
- Focus on community reintegration by helping you develop relationships and social networks that provide friendship, love, and hope.
- Create opportunities for you to have meaningful daily activities including employment, education, volunteering, and caretaking.