



JUNE 2024

Creating Healthier Futures for Children

The CBC Network really cares about our children and families. Over 20 organizations provide clinical and social needs services and 25 Care Management Agencies are engaged in expert care coordination.

Exciting News from CBC Health Home!

We are thrilled to announce the promotion of Melissa Martinez from Senior Director to Vice President, Health Home. Melissa has shown extraordinary leadership during her 9 years at CBC. Additionally, we are thrilled to welcome Keri Hanrahan, Director for Children's Program Services. Keri will be leading the HH Serving Children and other child and family focused initiatives throughout the CBC Network.

CBC Health Home Serving Children

26 care management agencies are providing expert care coordination for over 5,000 children living with mental health conditions including serious emotional disturbance, trauma, and other conditions. They are outperforming Regional and State performance on all 6 follow-up measures. Evidence of high quality care coordination.



Spotlight on Innovation

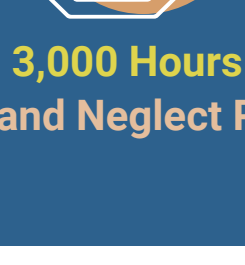
Focusing on Early Childhood Mental Health



Provided 436,000 Hours of Early Childhood Education



11,000 Hours of Mental Health Treatment



3,000 Hours of Abuse and Neglect Prevention

The Association to Benefit Children (ABC) collaborates with child care centers and health providers to prioritize early childhood mental health. Using the Georgetown consultation model, goals are set at program, classroom, and child-specific levels. For instance, screening pregnant individuals for depression significantly improves outcomes for both parent and baby. This model also emphasizes the importance of social-emotional development in child interactions.

Why this matters

This hands-on strategy normalizes conversations about social-emotional development among caregivers, educators, and health professionals, fostering a deeper understanding of children's mental health needs. Families are empowered to positively influence their child's development, changing once unmanageable trajectories.

Thank you ABC!

“Ensuring that every child has a joyful, healthy and safe life through compassionate and innovative programs”

JCCA: Building Future, Transforming Lives

JCCA's 37 programs include foster care, residential treatment, mental health services, case management, education programs and special services. Here are two of their innovative programs:

MultiSystemic Therapy-FIT

A treatment model designed to support young people and their families as Pleasantville Cottage School residents prepare to return home. In collaboration with residents, committed staff helps to plan overarching goals and create a step-by-step roadmap for families to move forward toward a healthier, more stable future.

MST-FIT Proven Results

70+ Published Studies



*At the close of treatment

JCCA Youth ACT Program: Confronting the Youth Mental Health Crisis:

In 2022, New York's Office of Mental Health approached JCCA about forming the first Youth ACT team in NYC to serve young people ages 10-21. Abby Jeffrey, a JCCA Assistant Vice President emphasized that JCCA "jumped on the opportunity because it fit perfectly into our vision of providing continuum of care. Youth ACT fills a crucial gap between lighter-touch outpatient services and full-scale residential or institutional care. It is a great resource for kids we are already working with, as well as to address a really pressing need in the city."

This highly-coordinated, multidimensional approach is pivotal for the hard to reach. The team meet with youth at least twice a week providing a spectrum of tailored services: individual and family therapy, medication management, advocacy in the school, in the home, sometimes in court. "We'll basically do anything and everything that might make a difference," Bermudez notes. "We'll write letters to HRA for clients. We just got a client a furniture

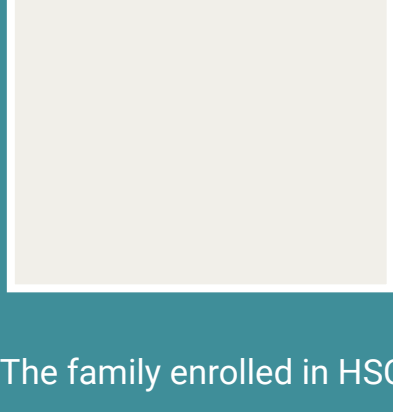
grant. We got a support animal approved. I wrote a letter to HUD because a client who was fighting with sibling needed an extra bedroom. We've attended suspension hearings and IEP meetings at the school."

“We’re here for these kids—and we’re not going to give up.”

Chana Lerner, Mental Health Professional

“Being on an ACT team is like running a relay race,” Ricardo Bermudez, Director of the Youth ACT program, says. “The baton is handed off to other members of the team to cover all dimensions of support. And the conversation between team members is more or less constant.”

Spotlight on Success: HSC's Champion Services Program

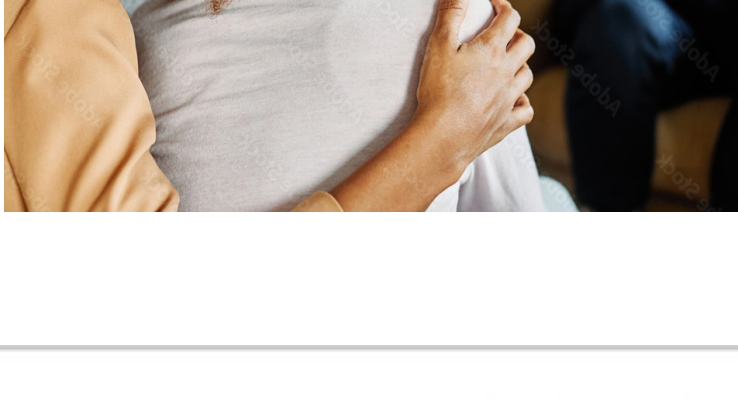


Meet Samantha, an extraordinary 8-year-old filled with potential and big dreams. Samantha's courage was overwhelmed by anxiety, and her parents were challenged to help her and their other child with autism. Samantha tried her best to communicate, follow directions, and manage night terrors. Her school added a paraprofessional to support her. Still, Samantha needed more.

The family enrolled in HSC's program "Champion" and immediately met with a dedicated care manager who co-designed a comprehensive care plan, including school advocacy, finding a suitable school for the sibling, and applying for Home and Community-Based Services (HCBS). Together, they selected the best school for Samantha and secured 16 hours of weekly support for each child. Partnering with Progen, skilled and compassionate staff helped Samantha improve her verbal skills, peer interaction, emotional regulation, and social behavior. Today, both children have made remarkable strides. The parents are able to enjoy more family time and small trips together.

If your child, aged 3-21, faces medical, emotional, or behavioral challenges, call 718-854-2747x 1252 for more information.

Transforming Lives: The Jewish Board's CFTSS Program



Children and Family Treatment and Support Services (CFTSS) are new behavioral health services covered by NYS Medicaid. CFTSS are part of Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) services. The Jewish Board's recently opened CFTSS program is already playing a crucial role in supporting high-risk youth and their families through a robust network of services resolving complex mental health and behavioral issues. Through the dedication of a skilled team delivering services where the child and their family prefer in familiar environments, this new program has already reached 12 youth with over 95 sessions/interventions.