



CBC Insights | March 2026

Health Home

High Impact Care for High-Need Members

CBC Health Home consistently outperforms statewide averages across critical follow-up and preventive care measures, keeping members healthier and reducing costly crises.

Measure	CBC Health Home	Statewide	CBC vs. Statewide Difference
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Follow-Up After High-Intensity Care for SUD (7 Days)	55.1%	48.6%	+6.5% (better)
Follow-Up After MH ED Visit (7 Days)	54.9%	48.6%	+6.3% (better)
Follow-Up After MH Inpatient (7 Days)	59.8%	52.8%	+7.0% (better)
Metabolic Monitoring (Gluc/HbA1c) – <i>Child & Adolescent on Antipsychotics</i>	71.2%	57.8%	+13.4% (significantly better)
Well-Care Visit <1 Yr – <i>Child & Adolescent</i>	75.0%	72.6%	+2.4% (better)



DELIVERING BETTER OUTCOMES + REAL COST SAVINGS

Staying Healthy and Out of the ER

Joan is a 64-year-old woman with HIV, diabetes, depression, and high blood pressure. With help from a Health Home care manager, she keeps all her doctor appointments in one place, gets reminders when things feel overwhelming, and knows who to call when something isn't right. She hasn't been to the emergency room in over a year.



Investing in care management means people stay healthy at home instead of costing the system far more through hospital visits and crises.

Helping a Child Live Safely at Home

Shonda, a ten year old girl with severe physical disabilities lives in a walk-up apartment, where daily tasks like bathing and using the stairs had become unsafe. During a home visit, her care manager noticed the problem and quickly found a properly fitted shower chair – within days, not months.

The care manager is now helping the family secure a stair lift so the child can safely move through her home.

Health Home Care Management investment is solving problems early helping families avoid emergencies, injuries and unnecessary institutional care.



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