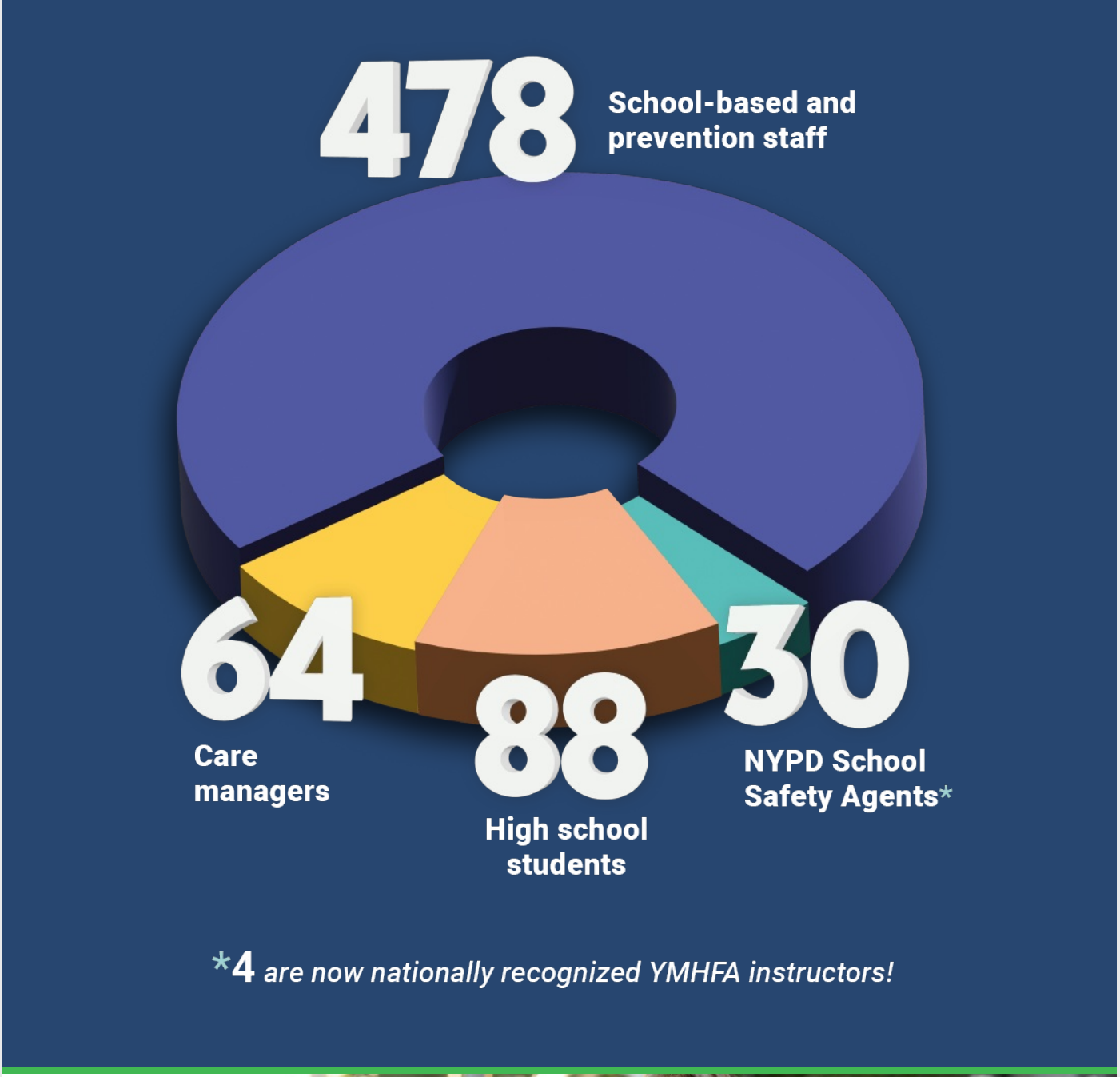
COORDINATED BEHAVIORAL CARE

CBC Champions Youth Mental Health Across NYC

At CBC, Mental Health Awareness Month is more than a calendar event—it's a call to action. As part of our enduring commitment to mental health and early intervention, CBC is proud to deliver two nationally recognized, evidence-based trainings: **Youth Mental Health First Aid (YMHFA)** and **Teen Mental Health First Aid (TMHFA)**.

Thanks to the SAMHSA Mental Health Awareness Training (MHAT) Grant, CBC has trained 660 individuals across NYC through 48 trainings—offered both virtually and in-person—empowering school communities, families, and frontline youth workers to be proactive mental health allies.

Who We've Trained



Key Community Partners

- **NYC Department of Education:** Safety

& Youth Development, School Mental Health, Multilingual Learners, and more

- Citywide Addiction Support Network (CASN)
- NYC Partners of Prevention
- NAMI-NYC Youth Peer Support Programs
- CBC Children's Care Management Agencies (CMAs)

For more information or to request a training, contact us:

cbcare.org

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